



Sports Medicine

April 22, 2022

Hard to believe it has been 3 years since we last did sports pre-participation physical exams (PPEs) in the spring. Over the past few months, we have extensively monitored the improving COVID-19 cases and decreased strain on our OhioHealth facilities and associates. Currently, as it relates to our annual offering of community sports physicals, OhioHealth Sports Medicine has developed a safe and effective way for us to get back in the community and do what we do! In an effort to build back gradually, we will be offering a condensed schedule for this spring. Of note, we will not be able to host PPEs at the OhioHealth Westerville and Pickerington Medical Campuses due to construction. The following are the key points for this year:

- 1) Physicals are best performed with the student athletes primary care physician.
- 2) We are hoping our athletic trainers can work with school administration to identify students where this community benefit would be most critical and assist them in signing up.
- 3) Physicals will be by appointment only and available on a first come, first serve basis for the sign ups. Walk ups will not be able to be seen.
- 4) Masks will be required to be worn at all times.
- 5) There will be no charge to the student athlete for the pre-participation physical.

If you have any questions, please feel free to contact the athletic trainer at your school or any member of our leadership team.

Thank you for your ongoing support,
OhioHealth Sports Medicine