

Dear parents and athletes

Starting June 1st, our athletes will have the opportunity to begin on-campus workouts. The OHSAA has set forth some guidelines that schools must follow. Every school must start at phase one of this program and remain there for at least 14 calendar days. If there is a downward/flat trajectory of documented cases within a 14 day period, we will progress to phase two where a new 14 day period of tracking of cases will begin. After 14 more days of tracking it will be determined if we have the ability to move to phase three.

Madison's guidelines for skills training:

All athletes will self-evaluate by temperature prior to arriving on campus and determine that they are in good health. Coaches will keep a log for each athlete on each day they are on campus.

1. During physical activities all athletes, coaches, and school employees must adhere to 6 foot physical distancing. During phase one, all activities will occur outside. No locker rooms, gyms or weight rooms will be open.
There will be limited capacity based on available space and ability to social distance with six feet between athletes and coaches. Athletes will be spaced out six feet apart during all work outs.
2. Indoor sports social distancing of six feet will be adhered to unless drills and personal instruction require less separation. If balls are passed they must be disinfected after the training session. Again in phase one, no gyms will be used and no balls will be passed. Every athlete must use an individual ball.
3. No touch rule is in effect. All individuals must avoid physical contact occurring before, during and after skill sessions. Scrimmages and games are not permitted.
4. Equipment and items related to the activity must be sanitized before, and after every event. After each team is finished with the equipment, all equipment will be disinfected.
5. Indoor/outdoor work areas will be set up before the arrival of athletes, allowing a six foot radius around users.
6. Coaches will keep attendance/login for all who enter facility and will indicate the athlete is in good health.
7. Casual seating will be removed (no seating will be available).
8. Public areas and restrooms will be cleaned and disinfected every few hours, particularly on high touch surfaces such as faucets, toilets, doorknobs and light switches.
9. Supplies for handwashing, including soap and materials for drying hands, will be stocked every time the bathroom is cleaned. Custodians will be notified if any materials are needed.
10. Restroom facilities should be limited to one person at a time.
11. Teams or groups will have a one hour time slot with a one half hour interval between. This will allow for athletes and parents to drop off and pick up without congregating in one area.
12. Distance runners will use the six foot social radius throughout all workouts.
13. All athletes must arrive properly equipped and clothed. Everyone must wear shirts and shoes at all times. There will be no sharing of clothing.
14. Athletes must bring and provide their own water bottles and they must not be shared. Coaches will be responsible to refill water bottles.
15. Masks are not mandatory. Athletes or coaches may wear a mask at their own discretion. Each coach will have masks available if you cannot provide your own mask.

16. If your child is sick please have him or her stay home.

17. If your child has any pre-existing conditions he/she should not attend phase 1 or phase 2.

Examples would be high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised by chemotherapy for cancer, and other conditions requiring such therapy.

Thank you,

Doug Rickert

Athletic Director

Madison Comprehensive High School